

Definitions from the commission's report:

**Seclusion:** The confinement of a student alone in a room or area from which the student **physically is prevented from leaving**. The term does not include a supervised time-out or scheduled break during which an adult is continuously present in the room with the student.

**Time out:** A behavior reduction procedure in which **access to reinforcement is withdrawn for a certain period of time**. Time-out occurs when the ability of a student to receive normal reinforcement in the school environment is restricted.

**Physical Restraint:** Physical contact between a school employee and a student in which the *student unwillingly participates and that involves the use of a manual hold to restrict freedom of movement of all or part of a student's body or to restrict normal access to the student's body*. The term does not include (1) briefly holding a student without undue force in order to calm or comfort the student, or to prevent unsafe behavior, such as running into traffic or engaging in a physical altercation, (2) physical escort, or (3) physical contact intended to gently assist or prompt a student in performing a task or to guide or assist a student from one area to another. The term does not include the use of a bus harness or other safety equipment that is used to restrain a student during transport when the harness or safety equipment is necessary for safety purposes.