

# Summer Speed Camp

Perry Central is offering a speed camp this summer for athletes in grades 6 - 12 (2019-20 school year).

Camp will focus on: explosive speed, coordination and balance, multi-directional movement, and endurance and stamina.

**This is an EXCELLENT OPPORTUNITY for ALL STUDENT ATHLETES!**

**ONLY \$30 per ATHLETE**

**A GREAT DEAL FOR 4 WEEKS OF WORKOUTS!**



**Must have a 2019-20 physical form on file in the High School Office to participate.**

**Dates: Every Monday and Thursday in June  
(3<sup>rd</sup>, 6<sup>th</sup>, 10<sup>th</sup>, 13<sup>th</sup>, 17<sup>th</sup>, 20<sup>th</sup>, 24<sup>th</sup>, & 27<sup>th</sup>)**

**Time: 6:30 – 7:30 am**

**Location: High School Gym & Track**

**Please complete the attached form and submit with payment to either the High School or Elementary Offices.**

**For more information, please contact:**

**Melissa James            812-449-7306 or 812-843-5121**

**Dawn Lynch              812-719-5771 or 812-843-5122**

**\*Checks can be made payable to the Perry Central Activity Fund (PCAF)\***

**Forms and fees are due by Friday, May 17<sup>th</sup>.**



# Summer Speed Camp Enrollment Form

Complete and submit with payment to either the High School or Elementary Offices by Friday, May 17, 2019.

Athlete's Name: \_\_\_\_\_

2019-20 Grade: \_\_\_\_\_

Athlete's Phone Number: \_\_\_\_\_

Parents'/Guardians' Names: \_\_\_\_\_

Parents'/Guardians' Phone Number: \_\_\_\_\_

**4 weeks of workouts for ONLY \$30 per athlete**

**Every Monday and Thursday morning in June, 6:30 – 7:30 am in the HS Gym and/or Track**

**\*\*Must have a 2019-20 physical form on file in the PCHS Office.\*\***

**\*\*Checks can be made payable to the Perry Central Activity Fund (PCAF)\*\***

